

## ABOUT YOUR HOSPITAL SCREENING RESULTS

### How will I get my test results?

Hospital screening results will be mailed to the address on file in the MGH electronic medical record system. They will be available and mailed to you within one week of the completed screening.

### Will the 'normal' result be sent to my provider?

No, it is your responsibility to share your results with your healthcare provider.

### Will 'abnormal' results be sent to my provider?

If your results are not critical (a threat to your well-being), it will be your responsibility to contact your healthcare provider to discuss the results. However, if results may pose a threat to your well-being, you and the healthcare provider of your choice will be contacted.

### Can my provider view my test results?

Yes. Test results will be available to your provider through the MGH electronic medical records system (EMR).

### Are additional screening services available?

Yes. Marion General Hospital offers many other low-cost health screenings. These are available through the MGH Community Screenings. These are available throughout the year at different locations and events. For community screening information please check the calendar of events on our web site:

[www.mgh.net](http://www.mgh.net)

**\* It is recommended that screening packages are performed no more than once a year, unless otherwise instructed.**



## Hospital Screenings & Costs

<b>Cardiovascular Screening:</b> Carotid Ultrasound Screen, Abdominal Aortic Ultrasound Screen, Ankle-Brachial Indexes, BP and Heart Rhythm Strip	<b>\$99</b>
<b>Cardiovascular Screening Plus:</b> Carotid Ultrasound Screen, Abdominal Aortic Ultrasound Screen, Ankle-Brachial Indexes, BP, Heart Rhythm Strip and Cardiac CAT Scan Calcium Score	<b>\$138</b>
<b>Lung Screening:</b> Low-dose CT Scan	<b>\$25</b>
<b>Heart Screening:</b> Cardiac CAT Scan Calcium Score	<b>\$49</b>
<b>Prostate Screening Plus:</b> MRI of the Prostate	<b>\$388</b>

Call to schedule your screening today!  
Phone: (765) 660-6222 | Toll Free: (844) 712-0095  
Tests are performed at Main Hospital.

# EXPLANATION OF HOSPITAL SCREENINGS

## Cardiovascular Screening – 1 hour

This year, one out of every two deaths in the U.S. will be the result of cardiovascular disease. It's the number one cause of death in America. It can strike anyone: men and women of all ages, races, and economic classes. Cardiovascular Screening includes:

- ECG - Heart Rhythm Strip Analysis – for abnormal heart rhythm
- Carotid Artery Doppler – stroke screen by ultrasound of the neck
- Ankle-Brachial Index - screening for artery disease of the legs
- Ultrasound of the Aorta – aneurysm screening
- Blood Pressure Screening

## Cardiovascular Screening Plus – 1 ½ hours

The Cardiovascular Screening Plus package includes all the offerings of the Cardiovascular Screen and adds the value of a Heart Screening. This screening cannot be completed by mobile screening services.

## Heart Screening – 30 minutes

Because heart disease is the number one killer, a Heart Screen can be helpful to help determine risk. A Heart Screen is a CAT scan that measures the amount of “calcified” or “hardened” plaque inside your coronary arteries. We take a rapid series of images inside your heart to determine if you have any early warning signs for heart disease. Healthcare providers can then offer treatment options and suggest lifestyle changes to decrease your risk of heart disease and heart attack. In fact, in a recent study, some researchers believe that knowing this information is more valuable than knowing your cholesterol levels.

People who **should have** one of the above screenings may have one or more of the following conditions:

- A family history of heart disease
- History of a stroke
- Other vascular disease
- Smoking
- Abnormal cholesterol levels
- Diabetes
- Obesity
- High blood pressure
- Heavy alcohol or caffeine consumption
- Sleep apnea

People who **should not** have one of the above screenings:

- Under 40 years old
- Patients with cardiac stents
- Patients with cardiac symptoms

## Lung Screening – 30 minutes

Early detection can save your life. Lung Cancer is the #1 cancer killer in the United States. More people die from lung cancer than from breast, colon, pancreas and prostate cancer combined. The early-stage survival rate is 53.3%; however, only 15% of the lung cancer cases are currently found in the early stage. Most cases are not diagnosed until later stages, when the survival rate is only 3.9%. A National Cancer Institute study has shown that screening high risk patients with a low-dose CT scan can reduce mortality from lung cancer by 20%. That is why Lung Cancer Screening is so important!

People who should have a Lung Screening are:

- 50-74 years of age AND
- Are currently a smoker or have quit within the past 15 years AND
- Have smoked at least a pack of cigarettes a day for 30+ years.

OR

- No symptoms of lung cancer & no history of any cancer within the last five years.
- Family history of lung cancer.

## Prostate Screening Plus – 1 hour

About 1 in 6 men will be diagnosed with prostate cancer during his lifetime. Prostate cancer occurs mainly in older men. Approximately 60% are diagnosed in men aged 65 or older, and it is rare before age 40. The average age at the time of diagnosis is 66. Prostate cancer is the second leading cause of cancer death in American men, only behind lung cancer.

With MRI, doctors can get a better idea if a tumor is present and where a tumor might be located in the prostate. Insurance does not cover this exam. Prostate specific MRI is a significant improvement in terms of accuracy and in reducing discomfort for patients and spares many men the burden of multiple prostate biopsies. The latest MRI imaging technique reduces over-treatment of men with non-life-threatening prostate cancer, avoiding the possible side-effects of treatment.

People **who should** have a MRI of the prostate:

- Men age 40-75 with a consistently elevated PSA (over a year or more) and have had no biopsy within the last four months.

**Payment is due at the time of the screening. Some insurance companies may cover the cost of the screening. Patients should check with their insurance provider for details. To schedule a screening please call (765) 660-6222 or toll free (844) 712-0095. For more information visit [www.mgh.net](http://www.mgh.net).**